

AI's Potential Role and Challenges in Critical Care and Chronic Disease Management

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Founder, Chairman and Chief Scientist
4Cinsights Inc: An AI SW company for
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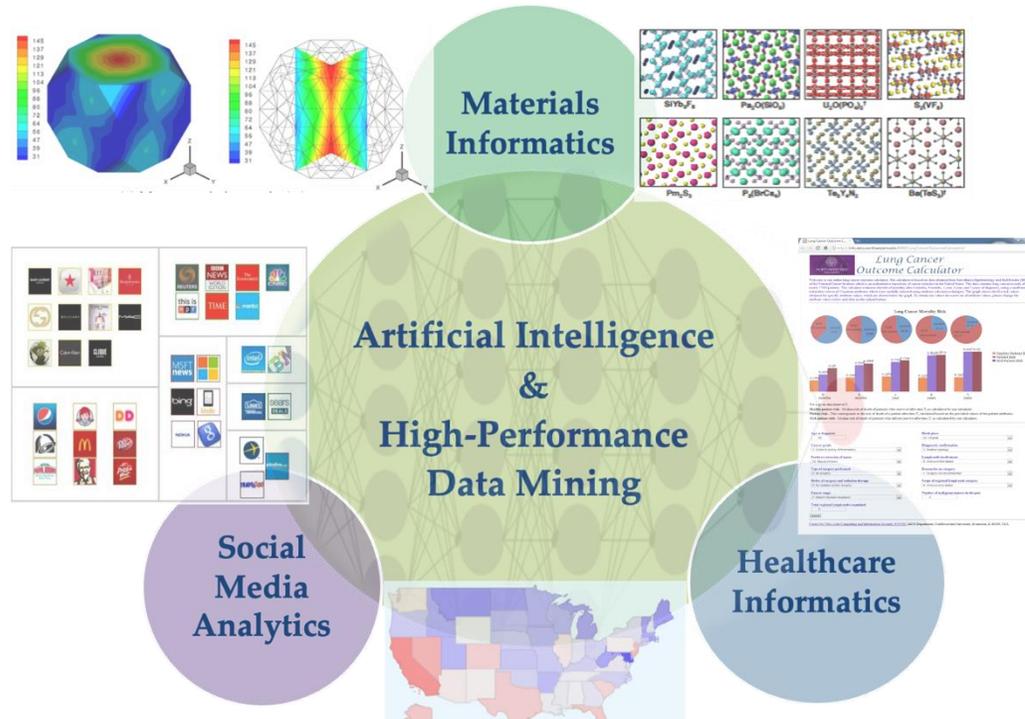
Multicore World 2026
Christchurch, NZ

Team Members

NU Pulmonary and Critical Care Medicine

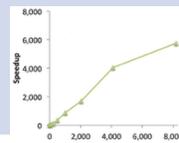
[Catherine Gao, MD](#), [Nikolay Markov](#), [Alexander Misharin, MD-PhD](#), [Rich Wunderink, MD](#), [GR Scott Budinger, MD](#), [Thomas Stoeger, PhD](#), [Benjamin Singer, MD](#), [Marjorie Kang](#), [Anna Pawlowski](#), [Sam Fenske ..](#)
ECE and CS: **Alec Peltekian (PhD student)**, [Prof. Ankit Agrawal](#), [Prof. Alok Choudhary](#).

Our Research : Past 25+ years:



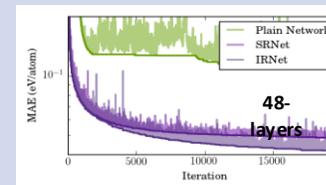
High Performance Computing (HPC)

- Parallel algorithm design, scalable AI/ML training
- Scientific Data management
- Parallel I/O



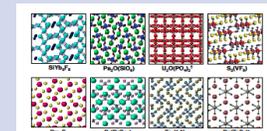
AI + Data Mining

- AI/ML algorithm design
- Deep learning
- Text mining
- Graph mining



Interdisciplinary Applications

- Materials science
- Healthcare + Life-sciences
- Social media
- Climate
- Etc.



Artificial Intelligence for Science

A Deep Learning Revolution

editors

Alok Choudhary, Geoffrey Fox & Tony Hey



 World Scientific

Typical AI Data vs Healthcare Data



Dense

Every feature filled

VS

Sparse

Many missing values

Complete

Full Datasets

VS

Missing

Incomplete Records

Regular

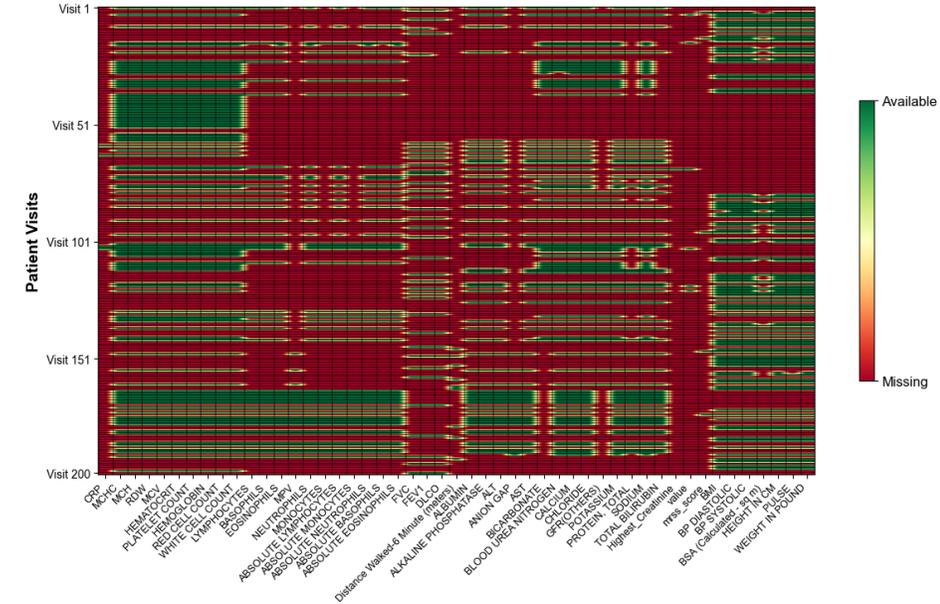
Consistent Timing

VS

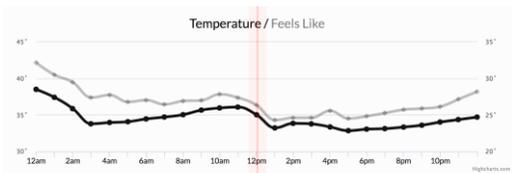
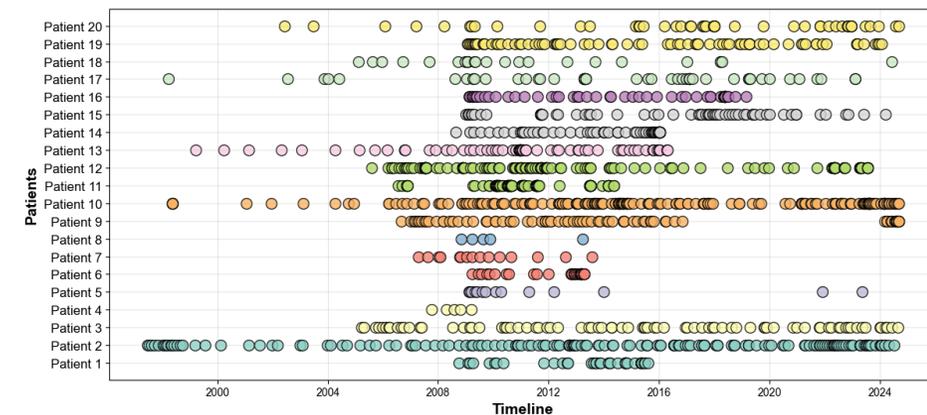
Irregular

Variable Schedules

Feature Availability Across Visits

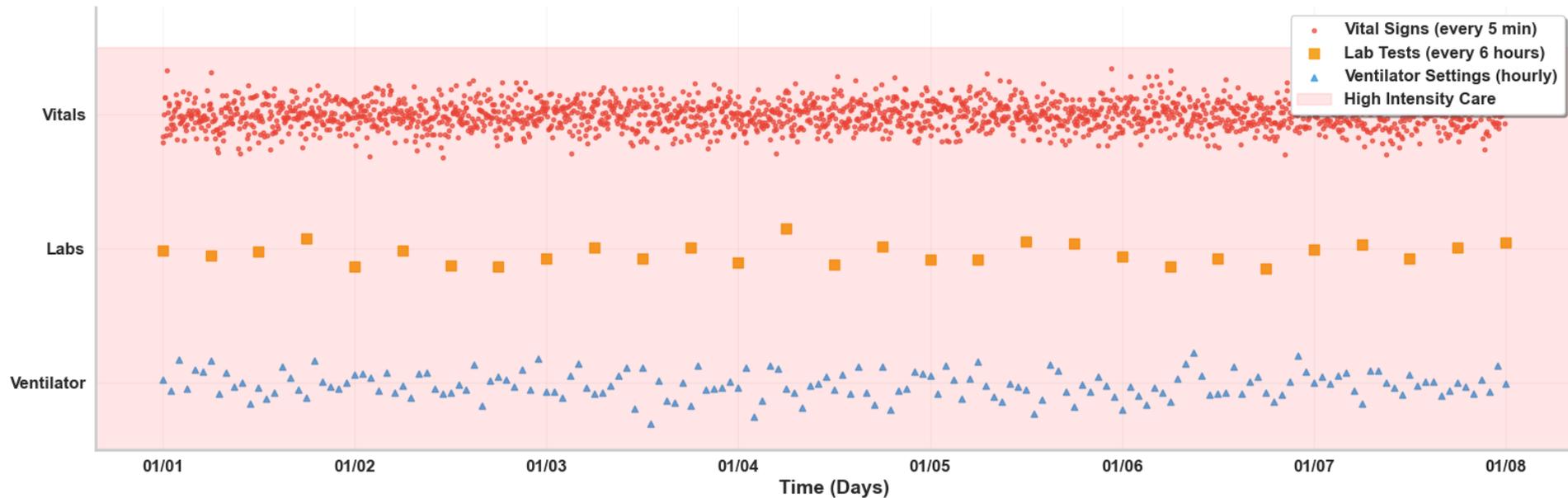


Healthcare Data: Sparse & Irregular Visits

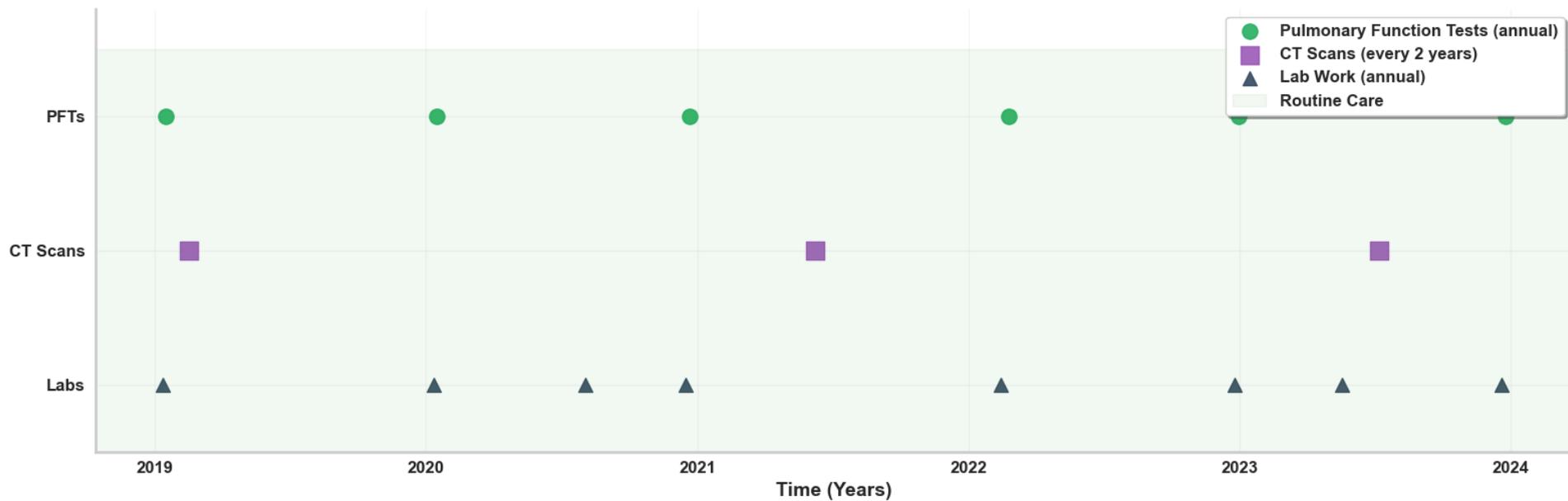


Meet Patients

Sarah - ICU Patient
Thousands of measurements per day

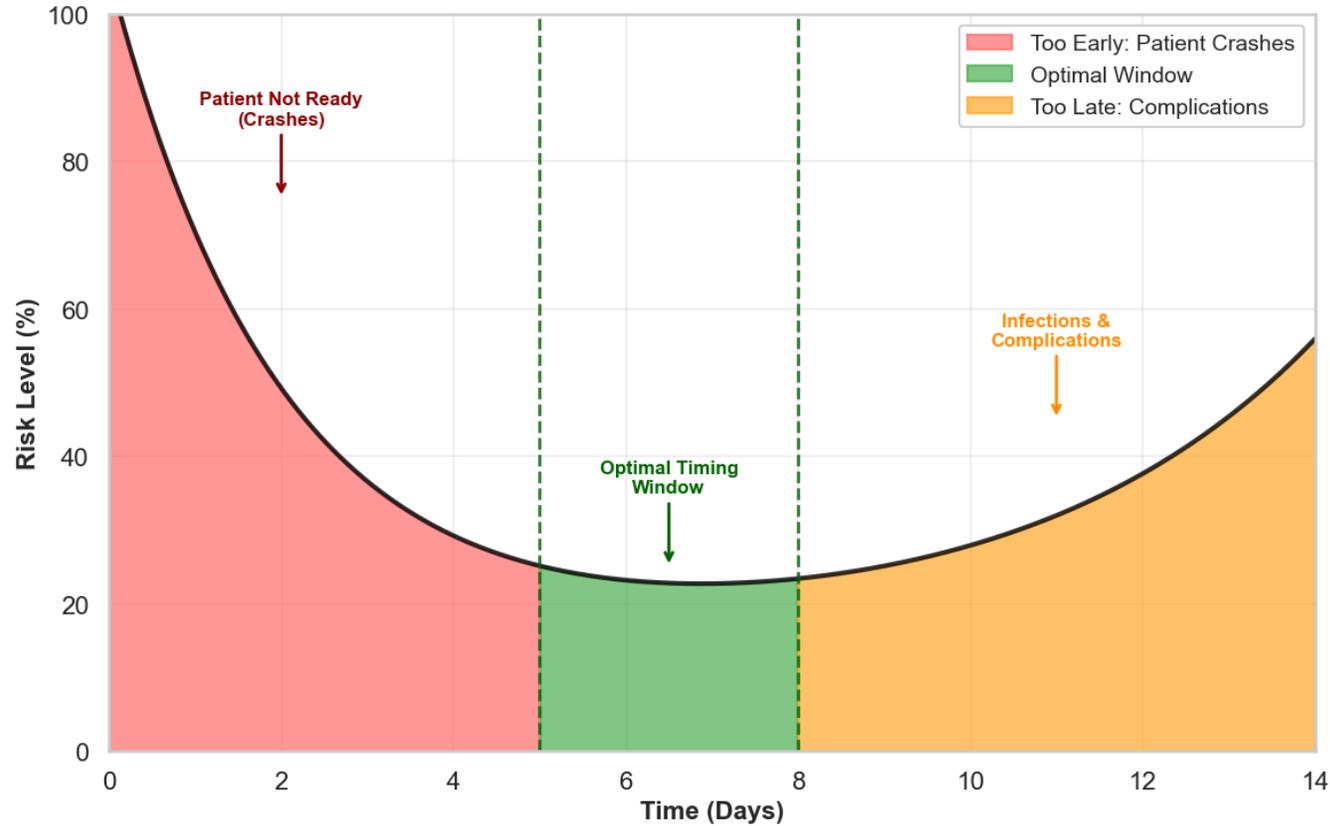


Robert - Systemic Sclerosis Patient
Handful of measurements per year



The Clinical Stakes

When is Patient Ready for Extubation?



Inpatient cases : Illustrative (related) questions for Doctor's decision – Today/Now

- Should the patient be extubated today? Tomorrow?
- Will patient develop VAP (Ventilator Associated Pneumonia)?
- Mortality?



AI-Enabled Clinical Decision Making

Doctors limited by:

- Processing thousands of datapoints
- Spotting subtle patterns over time
- Subjective assessment variability

AI excels at:

- Analyzing datasets
- Detecting complex patterns
- Consistent objective analysis
- Unbiased signal detection

Goal: Complement human expertise, not replace it

Problem Statement

"How to develop machine learning frameworks that handle complex, multimodal medical data across clinical contexts - from dense ICU monitoring to sparse specialty care - while leveraging sequential patterns and patient cohorts for robust predictive performance and clinical interpretability."

Ventilator parameters:

- PEEP
- Plateau pressure
- Compliance
- Changes
- ECMO



Laboratory values:

- Leukocytes
- Lymphocytes
- Neutrophils
- Procalcitonin
- Hemoglobin
- Lactate
- Ferritin
- Bicarbonate
- Albumin
- Bilirubin
- Platelets



ICU dataset



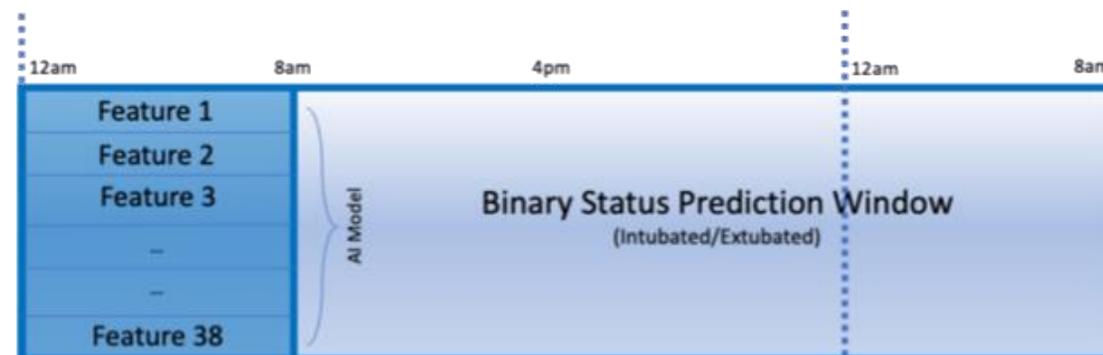
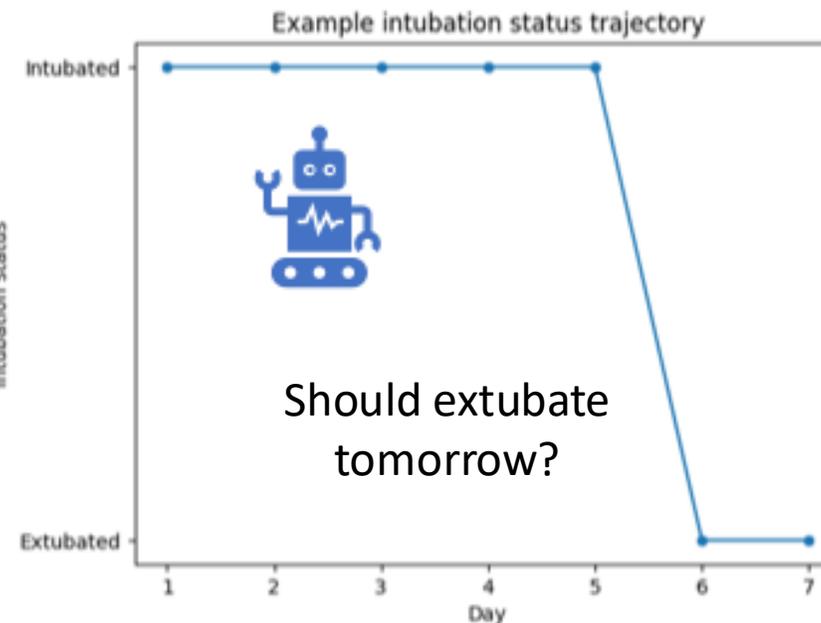
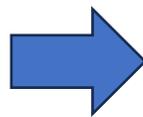
690 patients
15,203 days

Mental status: GCS (eye opening, motor response, verbal response), RASS

Vitals
Vasopressors



Dialysis
CRRT
Urine output



Extubation Prediction

When to Attempt Successful Extubation in the ICU

Too Early:

- Crash
- Failed extubations (Put patient back on < 48 hours hours)

Too Late:

- Ventilator-associated pneumonia
- Prolonged Stay (Bed usage)

Current Approach: Subjective doctor assessment + breathing trials



Rich ICU Monitoring Data (From the SCRIPT study)

Dataset

448 patients, 3,095 ICU patient-days

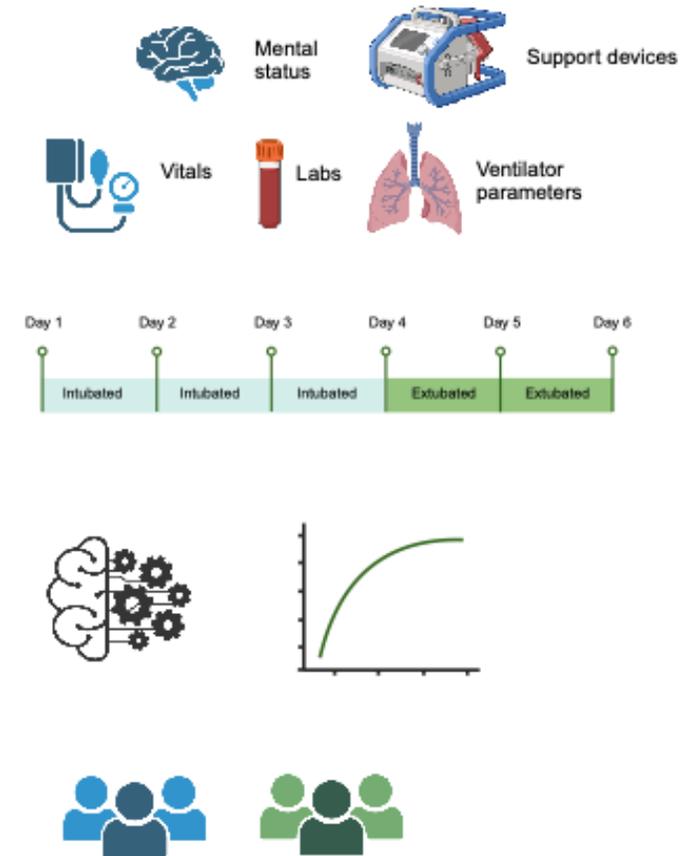
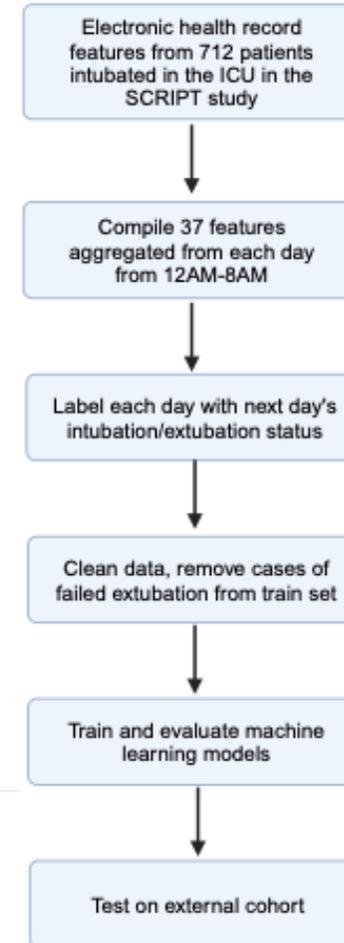
External validation:
333 patients

Timing

Aligned with morning rounds for actionable insights

Method

37 clinical features (midnight to 8AM) to predict next-day day extubation readiness readiness



[nature](#) > [scientific reports](#) > [articles](#) > [article](#)

Article | [Open access](#) | Published: 29 July 2025

Developing and validating machine learning models to predict next-day extubation

[Samuel W. Fenske](#), [Alec Peltekian](#), [Mengjia Kang](#), [Nikolay S. Markov](#), [Mengou Zhu](#), [Kevin Grudzinski](#), [Melissa J. Bak](#), [Anna Pawlowski](#), [Vishu Gupta](#), [Yuwei Mao](#), [Stanislav Bratchikov](#), [Thomas Stoeger](#), [Luke V. Rasmussen](#), [Alok N. Choudhary](#), [Alexander V. Misharin](#), [Benjamin D. Singer](#), [G. R. Scott Budinger](#), [Richard G. Wunderink](#), [Ankit Agrawal](#), [Catherine A. Gao](#) & [NU SCRIPT Study Investigators](#)

[Scientific Reports](#) **15**, Article number: 27552 (2025) | [Cite this article](#)

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Nature Scientific Reports

Learning From Missing Data

Missing \neq Random

Missing often means "patient stable" – Traditional approaches to dealing with missing data DON'T work. Missing data itself could be a signal!

Preserve missing data information

Explicitly encode when data is missing as a meaningful signal

Create meaningful ranges

Divide continuous variables into clinically relevant relevant categories

Keep clinical significance

Maintain interpretability for healthcare professionals professionals

Day	Temperature_mask (Missing)	Temperature $[-\infty, 98.03)$ 98.03) (0-25%)	Temperature $[98.03, 98.59)$ (25-50%)	Temperature $[98.59, 99.35)$ (50-75%)	Temperature $[99.35, \infty]$ (75-100%)
1	0	0	0	0	1
2	0	0	0	1	0
3	0	0	1	0	0
4	1	0	0	0	0
5	0	1	0	0	0

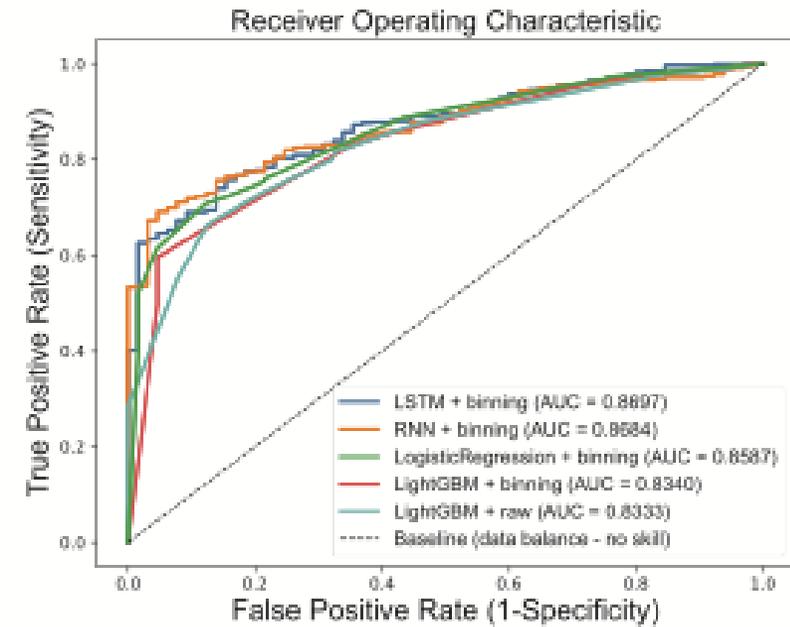
Strong Results Across Hospitals

LSTM 0.870 AUC

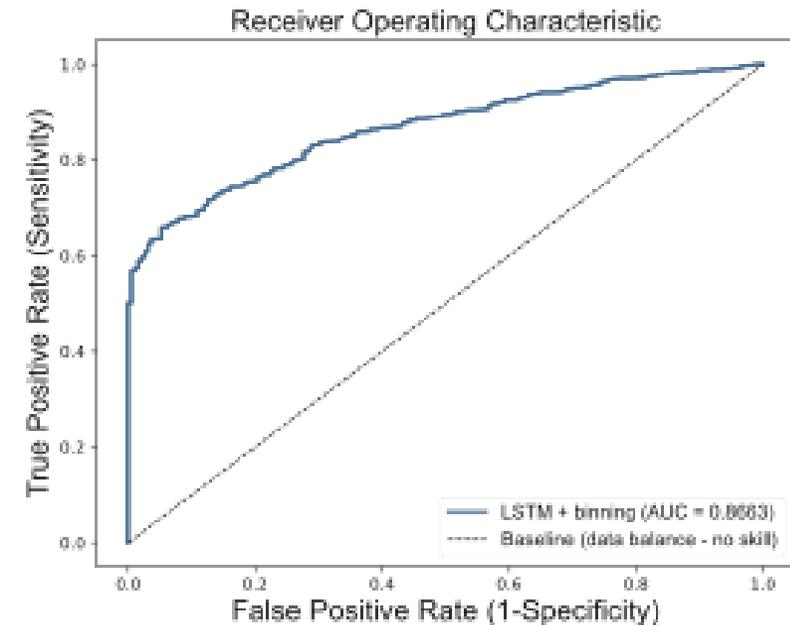
Validation Success:

- ✓ Internal Cohort
- ✓ External Validation

A



B



Models Agree with Clinicians (experience) – Critical for Trust + Explainability

Key Features:



Mental Status

Glasgow Coma Scale, RASS score



Lung Function

Plateau pressure, PEEP settings



Overall Stability

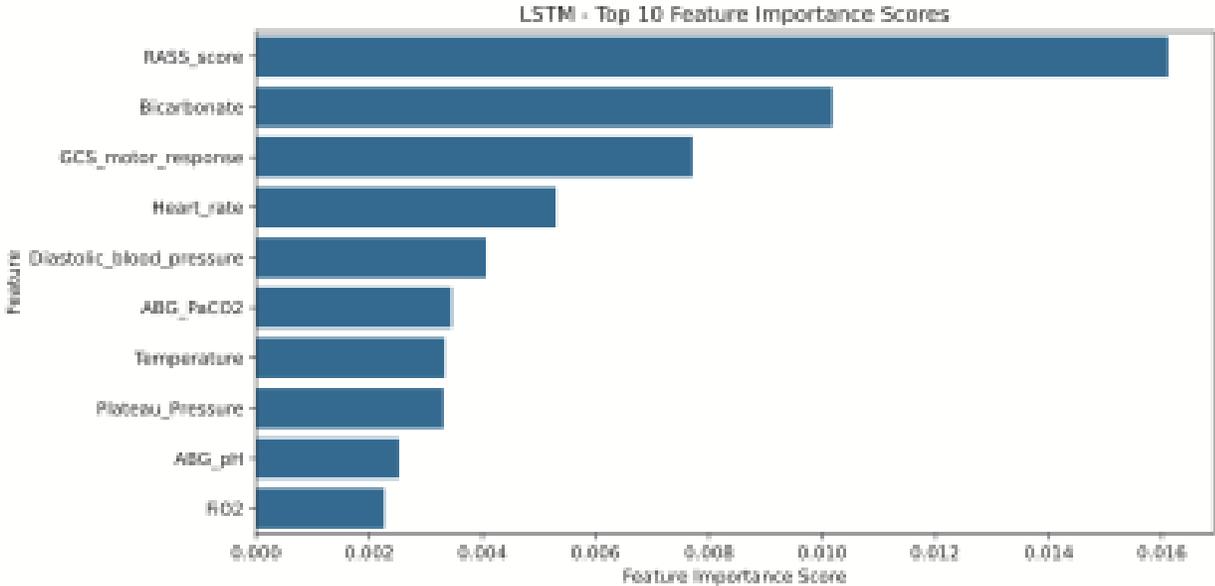
Heart rate, blood pressure



Respiratory Support

Oxygen needs

- ✓ Matches medical criteria
- ✓ Clinically interpretable
- ✓ Doctors can trust the reasoning



Models Predict Earlier Readiness

**models often identified readiness days
days before doctors acted**

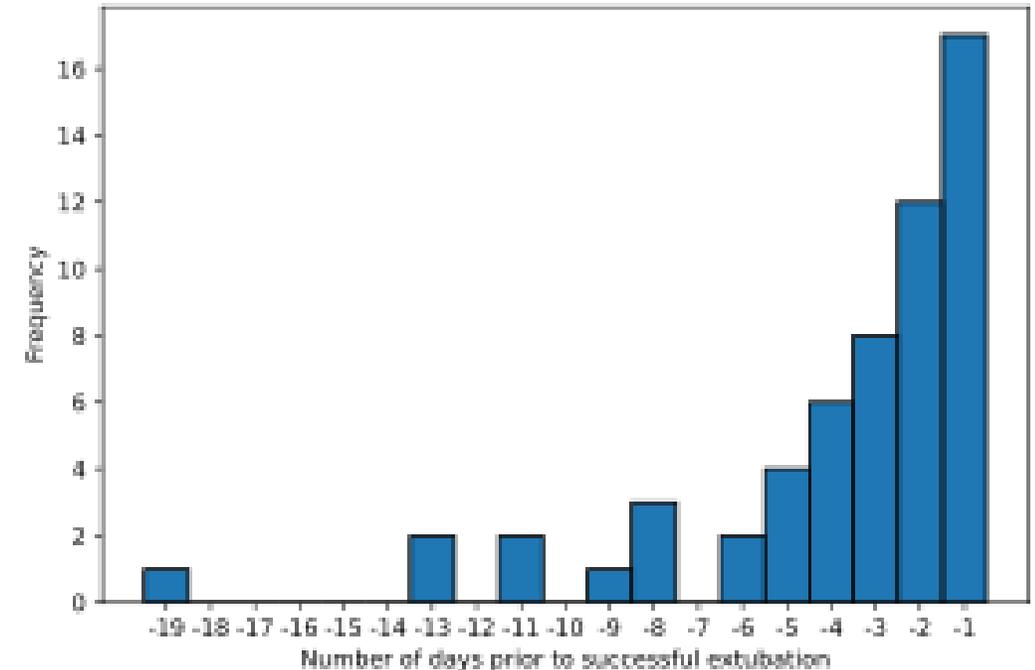
Potential for earlier, safer liberation on 58 attempts (934 intubation days - **93.8% correct**)

63.8% (37) of "incorrect" (58) predictions within 3 days of actual event

Models flagged 35.4% of failed extubations (17/48)

A

Histogram of prediction time differences (first prediction) in SCRIPT test set

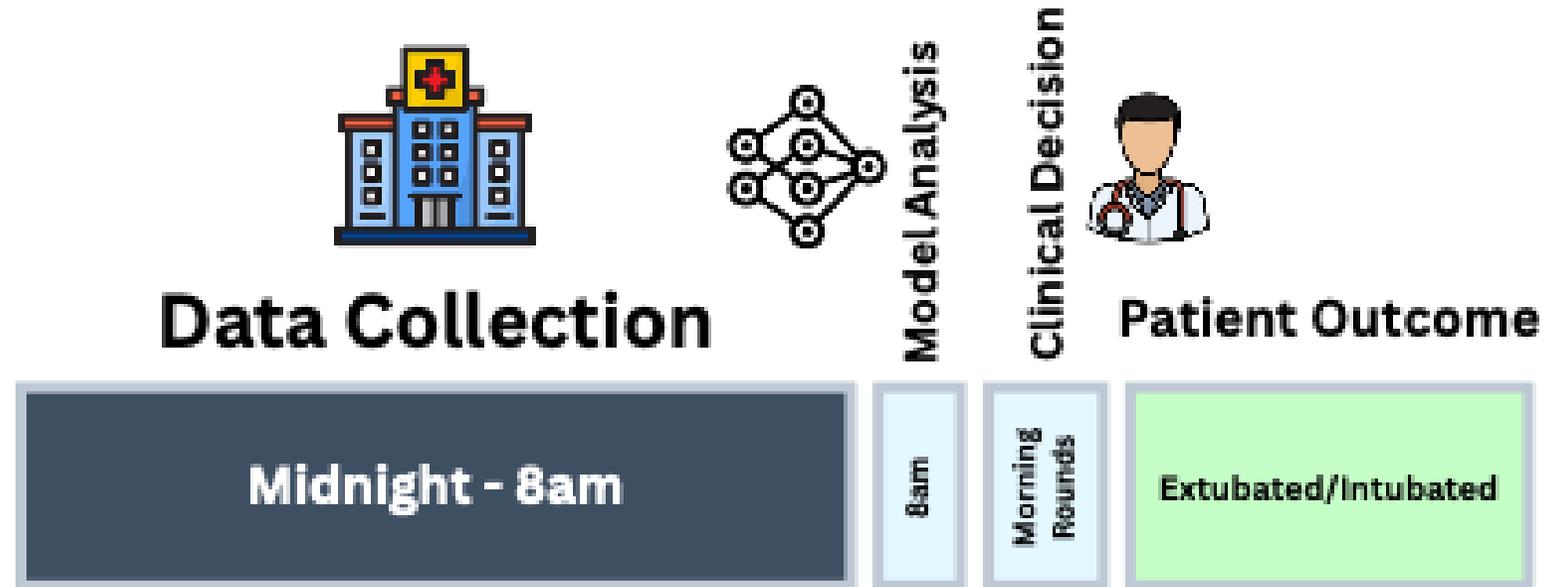


Result: Shorter ICU stays, fewer complications complications

Clinical Translational Approach

Designed for In-Hospital Use:

- Uses only data available by 8AM
- Decision support, not replacement



Workflow:

Overnight analysis → Risk score → Enhanced clinical decisions

VAP Prediction

Same ICU decision point – different risk to anticipate

Extubation: Are they ready to come off the ventilator tomorrow?

VAP: Are they at risk of infection if we keep them on?

The Challenge:

Predict infection risk **while** patients remain ventilated

Clinical Need:

VAP affects 10-20% of ventilated patients - Need for personalized care

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Developing and externally validating machine learning models to forecast short-term risk of ventilator-associated pneumonia

Posted January 30, 2026.

Alec K. Peltekian, Wan-Ting Liao, Vijeeth Guggilla, Nikolay Markov, Karolina Senkow, Zewei Liao, Marjorie Kang, Luke Rasmussen, Elsa Tavernier, Stephan Ehrmann, Rebecca K. Clepp, Thomas Stoeger, Theresa Walunas, Alok Choudhary, Alexander V. Misharin, Benjamin D. Singer, GR Scott Budinger, Richard G. Wunderink, Catherine A. Gao, Ankit Agrawal, The NU SCRIPT Study Investigators

doi: <https://doi.org/10.64898/2026.01.28.26344858>

This article is a preprint and has not been certified by peer review [what does this mean?]. It reports new medical research that has yet to be evaluated and so should not be used to guide clinical practice.

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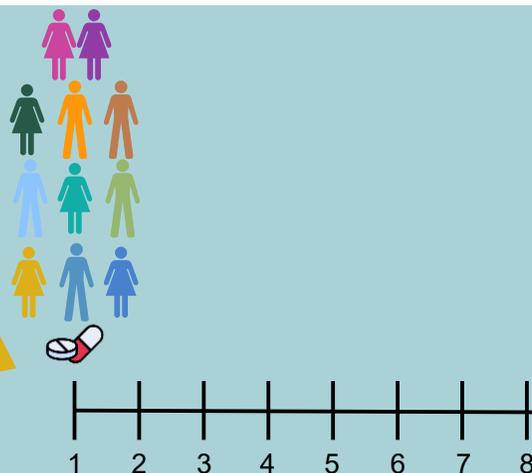
Subject Area

Intensive Care and Critical Care Medicine

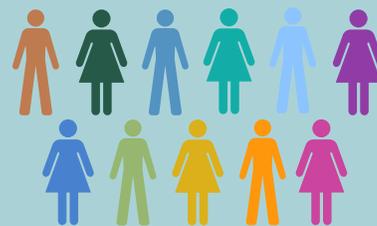
Current Medicine:
One Treatment for All



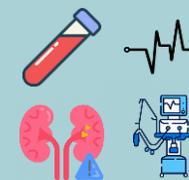
Patient in the ICU at risk of VAP



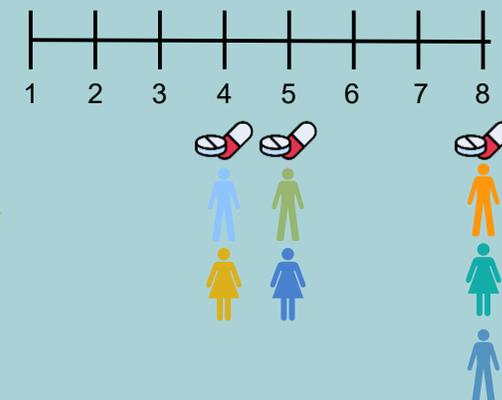
Future Medicine:
Personalized Medicine Monitoring Daily



Patient in the ICU at risk of VAP

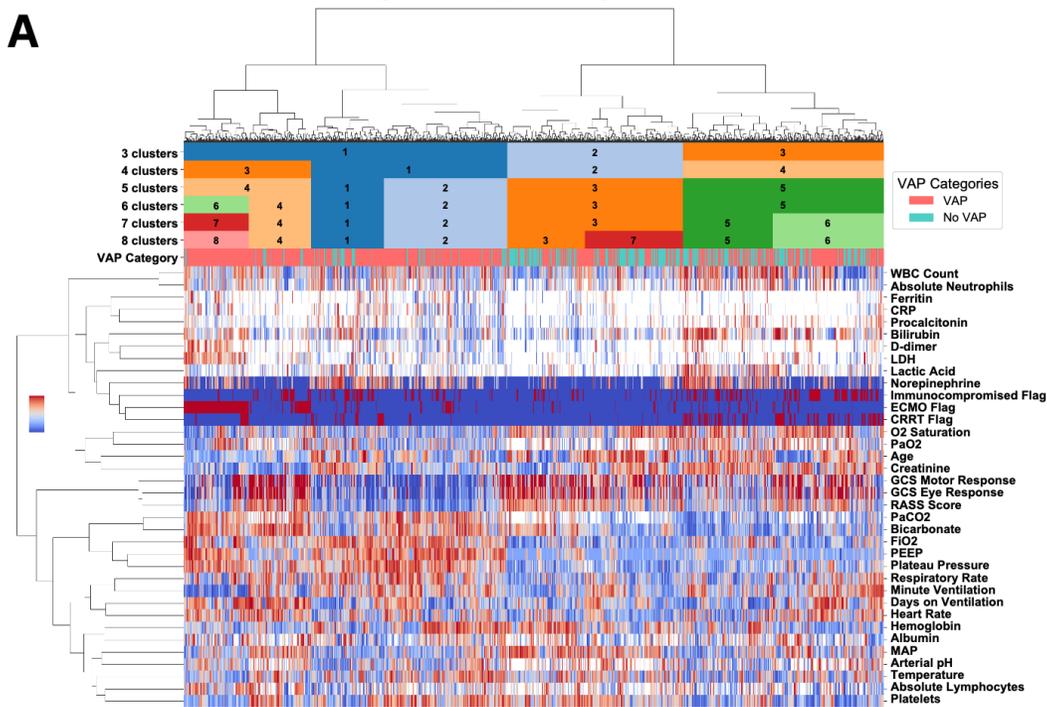


Analysis of ICU Data



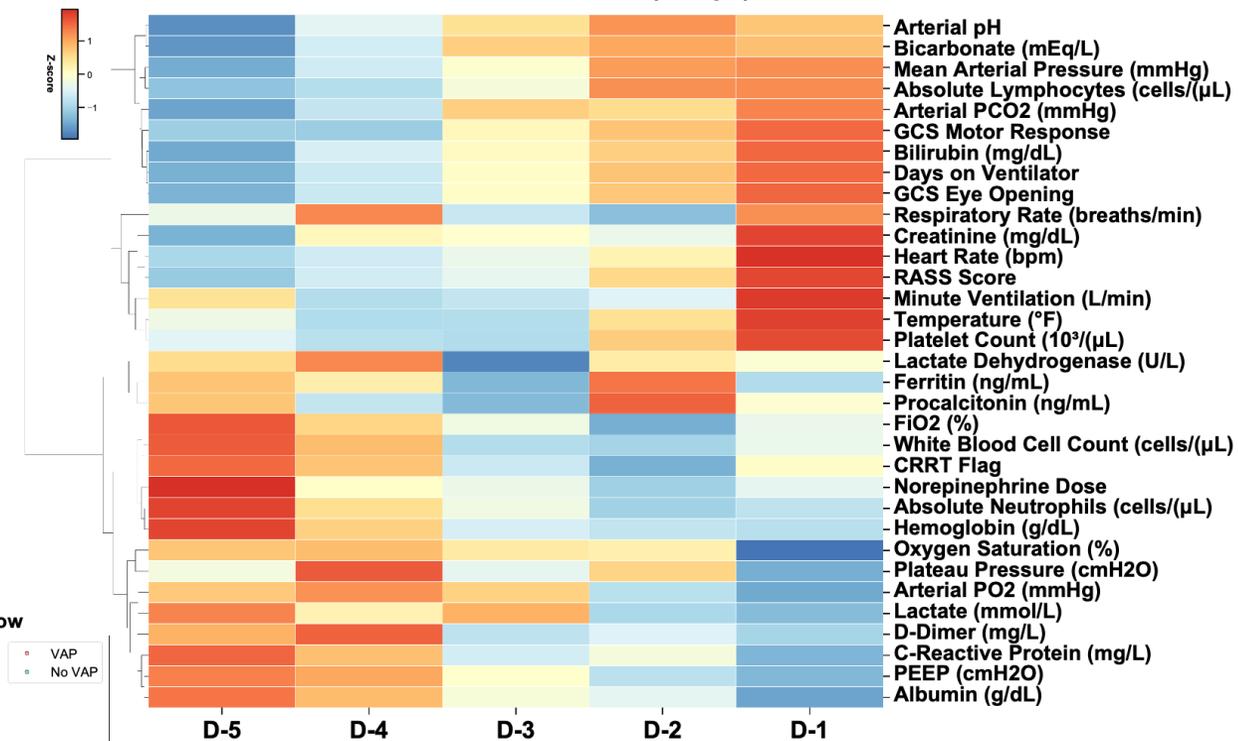
Feature Clustering Heatmap - 5-Day Prediction Window

A

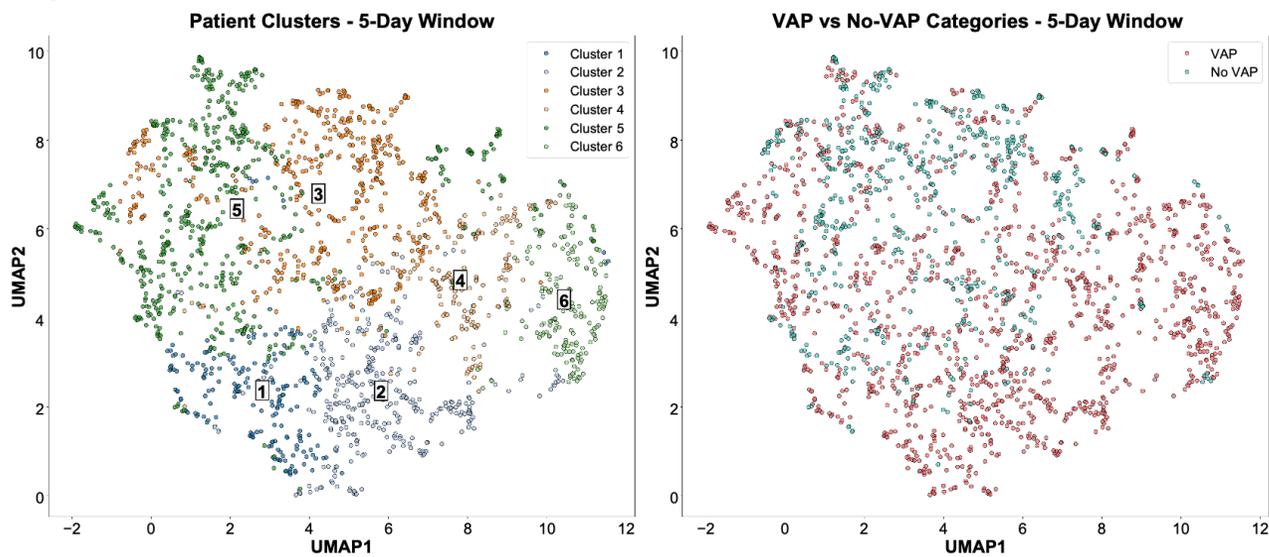


B

VAP Patients: Feature Patterns (5 days)

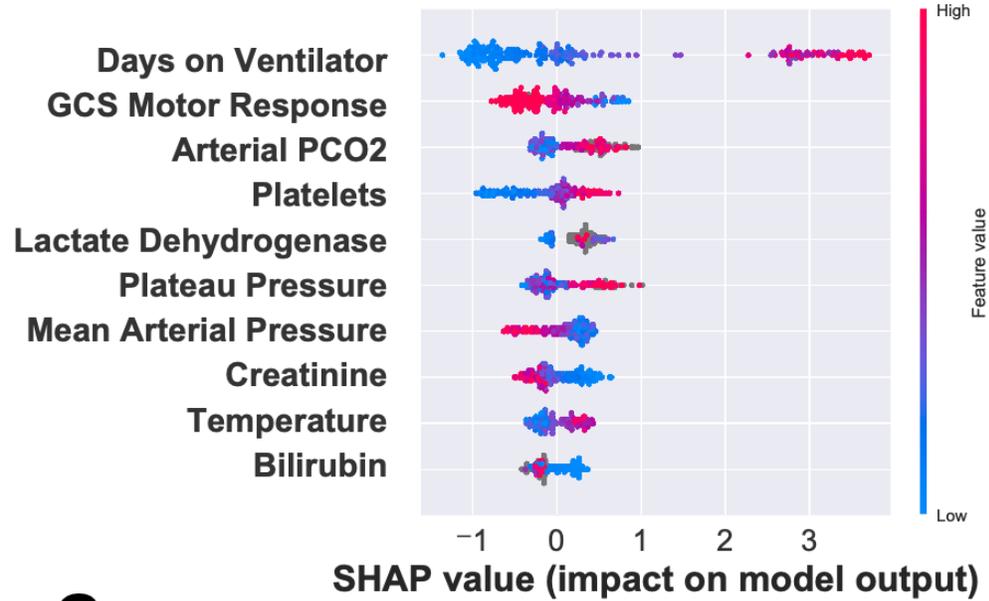
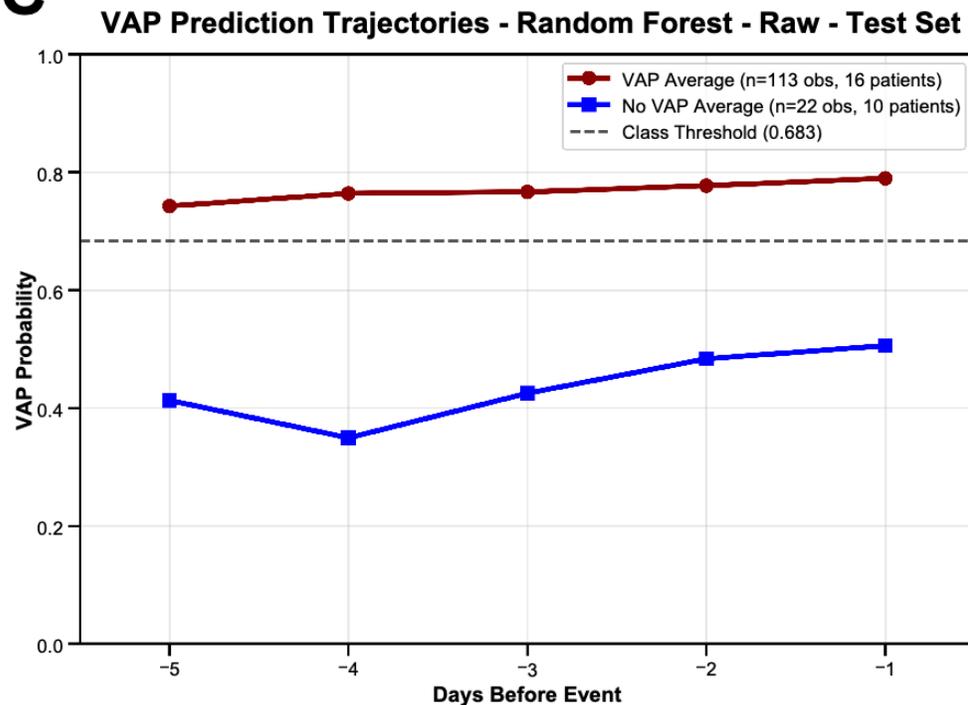
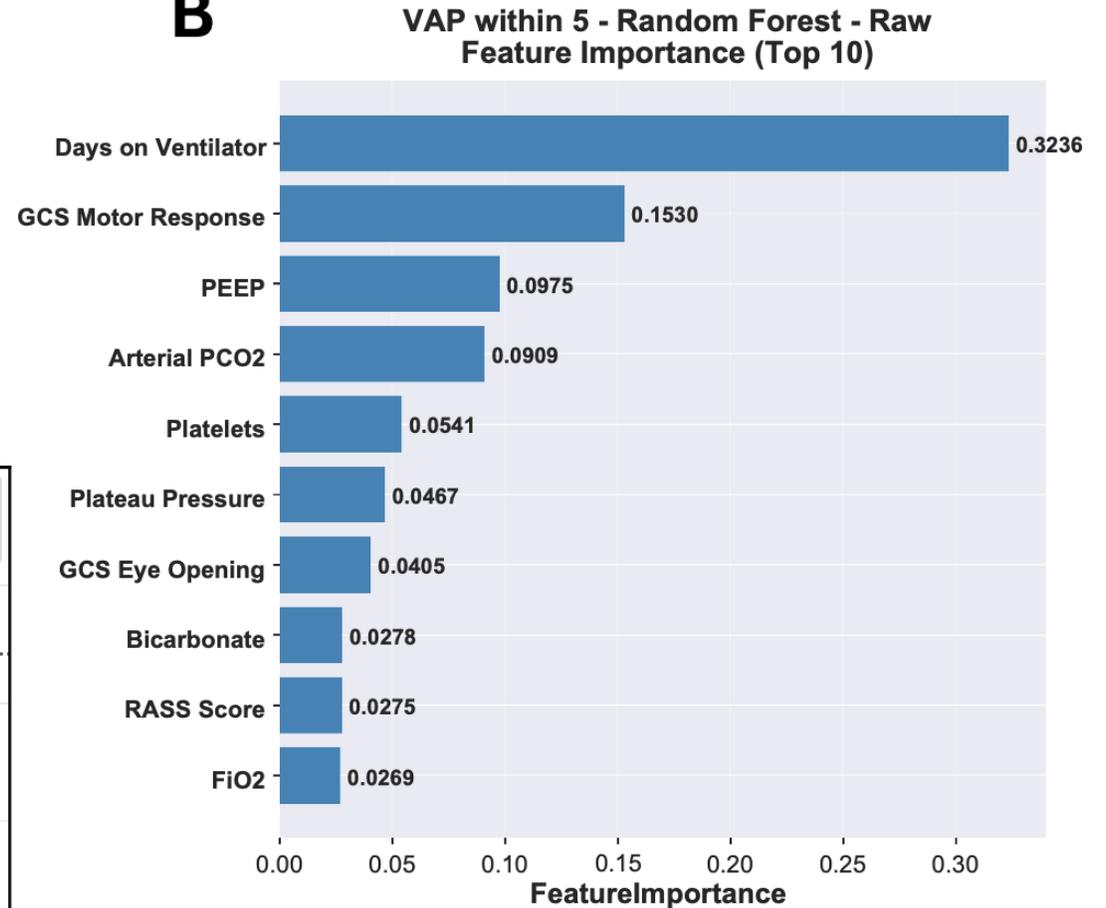


C

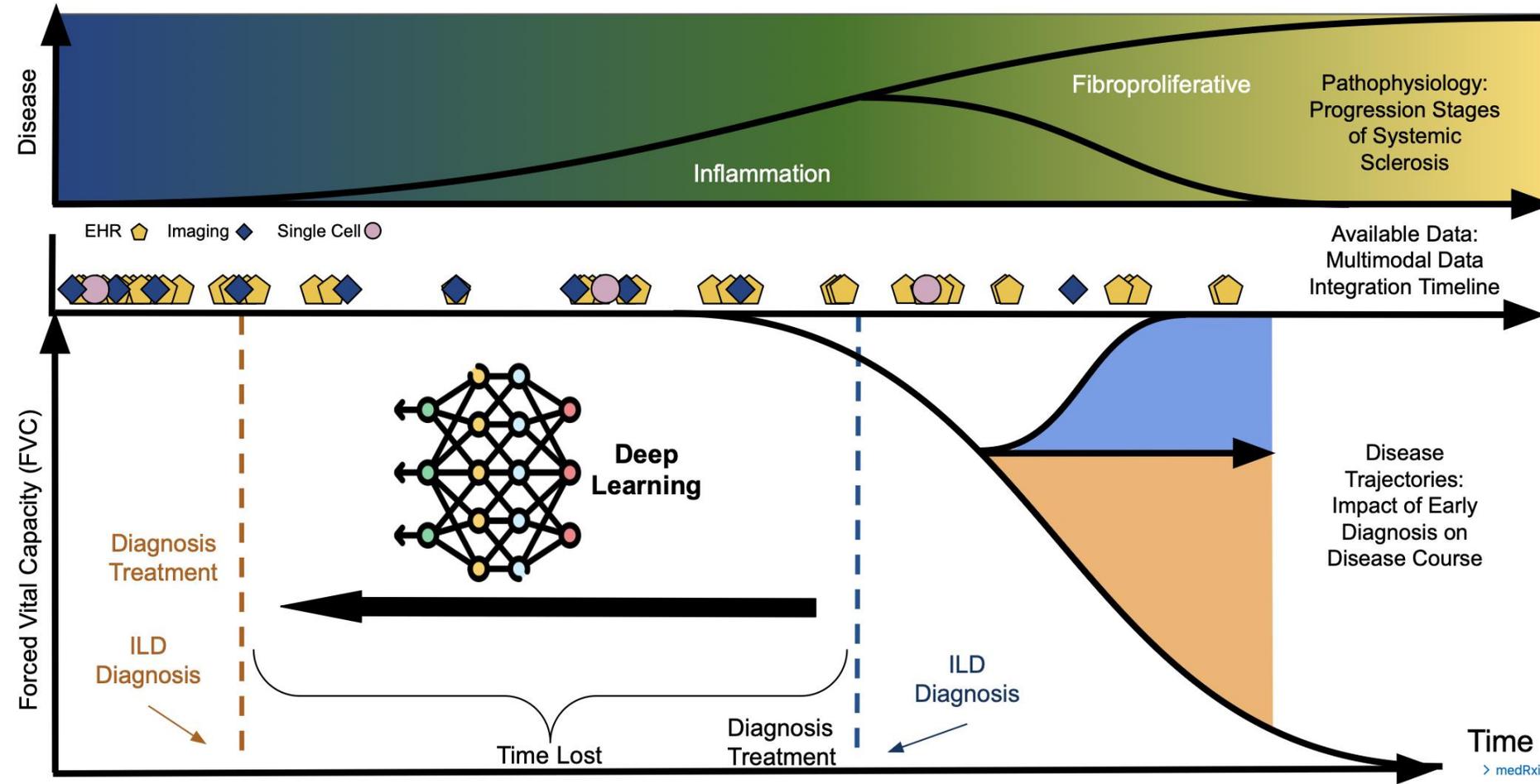


SCRIPT cohort results:

Task Model	AUC	AUPRC	Accuracy	F1
<i>VAP Within 3 Days</i>				
XGBoost (raw)	0.721 (0.626–0.797)	0.878 (0.819–0.921)	0.625 (0.539–0.703)	0.711 (0.622–0.779)
Random Forest (raw)	0.806 (0.732–0.874)	0.918 (0.876–0.952)	0.750 (0.672–0.820)	0.828 (0.766–0.881)
XGBoost (binned)	0.756 (0.670–0.830)	0.899 (0.849–0.937)	0.656 (0.578–0.734)	0.711 (0.619–0.784)
Random Forest (binned)	0.769 (0.682–0.844)	0.902 (0.854–0.941)	0.695 (0.609–0.773)	0.775 (0.699–0.835)
Logistic Regression (binned)	0.725 (0.637–0.809)	0.881 (0.826–0.927)	0.664 (0.578–0.742)	0.749 (0.671–0.815)
LSTM (binned)	0.765 (0.676–0.850)	0.899 (0.844–0.943)	0.617 (0.531–0.703)	0.642 (0.543–0.731)
<i>VAP Within 5 Days</i>				
XGBoost (raw)	0.706 (0.634–0.772)	0.871 (0.826–0.911)	0.613 (0.543–0.678)	0.680 (0.612–0.744)
Random Forest (raw)	0.843 (0.782–0.894)	0.931 (0.896–0.959)	0.789 (0.729–0.844)	0.842 (0.789–0.887)
XGBoost (binned)	0.747 (0.677–0.807)	0.891 (0.851–0.926)	0.658 (0.588–0.719)	0.728 (0.661–0.787)
Random Forest (binned)	0.780 (0.715–0.838)	0.905 (0.866–0.938)	0.729 (0.663–0.784)	0.799 (0.740–0.846)
Logistic Regression (binned)	0.716 (0.643–0.781)	0.869 (0.823–0.911)	0.653 (0.588–0.714)	0.732 (0.669–0.786)
LSTM (binned)	0.840 (0.782–0.892)	0.928 (0.893–0.957)	0.774 (0.714–0.829)	0.812 (0.756–0.861)
<i>VAP Within 7 Days</i>				
XGBoost (raw)	0.812 (0.757–0.863)	0.904 (0.867–0.933)	0.745 (0.687–0.795)	0.766 (0.703–0.818)
Random Forest (raw)	0.846 (0.799–0.889)	0.916 (0.880–0.943)	0.764 (0.714–0.811)	0.817 (0.769–0.858)
XGBoost (binned)	0.816 (0.760–0.866)	0.906 (0.869–0.936)	0.761 (0.707–0.811)	0.780 (0.720–0.829)
Random Forest (binned)	0.826 (0.773–0.876)	0.910 (0.874–0.938)	0.737 (0.680–0.788)	0.793 (0.738–0.839)
Logistic Regression (binned)	0.792 (0.735–0.843)	0.890 (0.850–0.923)	0.687 (0.629–0.741)	0.746 (0.690–0.798)
LSTM (binned)	0.866 (0.820–0.909)	0.904 (0.846–0.948)	0.772 (0.722–0.822)	0.803 (0.747–0.852)

A**C****B**

Using AI to Predict, Prevent, and Treat SSc-ILD



[medRxiv \[Preprint\]. 2025 Jun 4:2025.06.02.25328786. doi: 10.1101/2025.06.02.25328786.](https://doi.org/10.1101/2025.06.02.25328786)

Machine Learning Analysis of Electronic Health Records Identifies Interstitial Lung Disease and Predicts Mortality in Patients with Systemic Sclerosis

Alec K Peltekian¹, Kevin M Grudzinski², Bradford C Bemiss^{2,3}, Jane E Dematte^{2,3}, Carrie Richardson⁴, Nikolay S Markov^{2,3}, Mary Carns², Kathleen Aren⁴, Natania S Field⁴, Mengou Zhu⁵, Alexandra Soriano², Matthew Dapas⁴, Harris Perlman⁴, Aaron Gundersheimer², Kavitha C Selvan^{2,3}, Duncan F Moore⁴, Luke V Rasmussen⁶, John Varga⁷, Monique Hinchcliff^{8,9}, Krishnan Warrior^{2,3}, Catherine A Gao^{2,3}, Richard G Wunderink^{2,3}, Gr Scott Budinger^{2,3}, Alok Choudhary^{1,10}, Alexander V Misharin^{2,3}, Ankit Agrawal^{3,10}, Anthony J Esposito^{2,3}

Affiliations + expand

PMID: 40502596 PMID: PMC12155007 DOI: 10.1101/2025.06.02.25328786

Sparse Longitudinal Modeling

Why SSc-ILD Imaging Matters

CT Scans Provide:



Direct disease visualization

See actual lung changes in detail



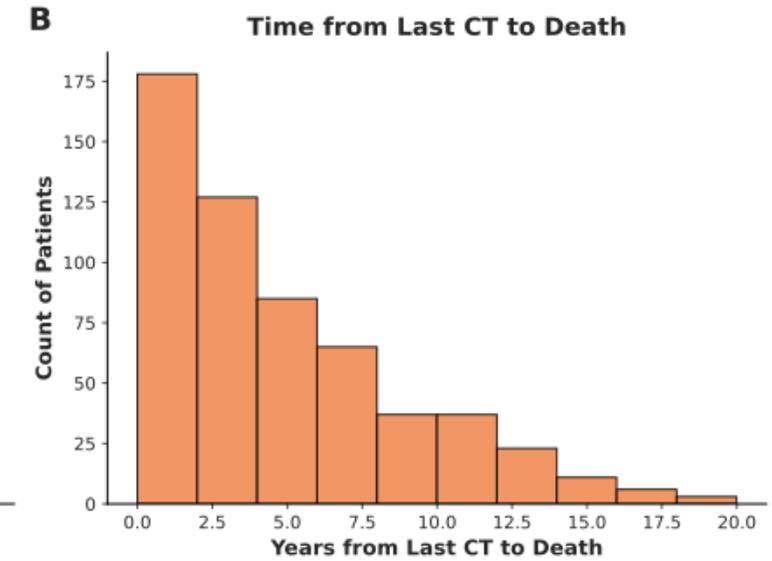
Regional progression patterns

Track how disease spreads through lungs



Subtle early changes

Detect disease before symptoms appear



The Gap: Labs normal, but CT shows scarring

Opportunity: AI finds hidden prognostic signals

Disease Variability – The Core Challenge

Same disease, Different outcomes

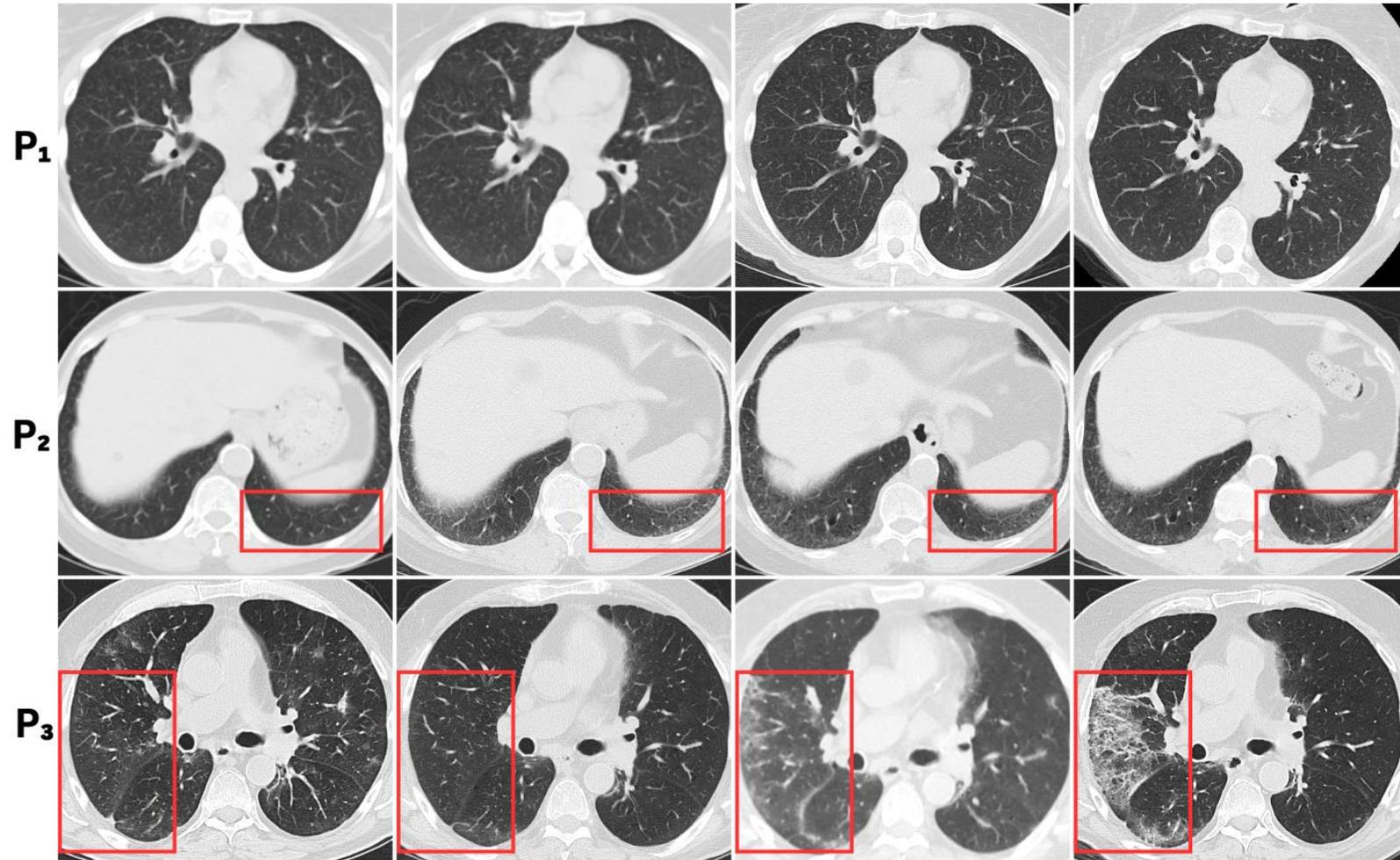
- Some live **10+ years**
- Others die in **2-3 years**
- Current tools can't predict outcomes

Three Patients Examples

P1
Stable scans over years

P2
Gradual progression over decade

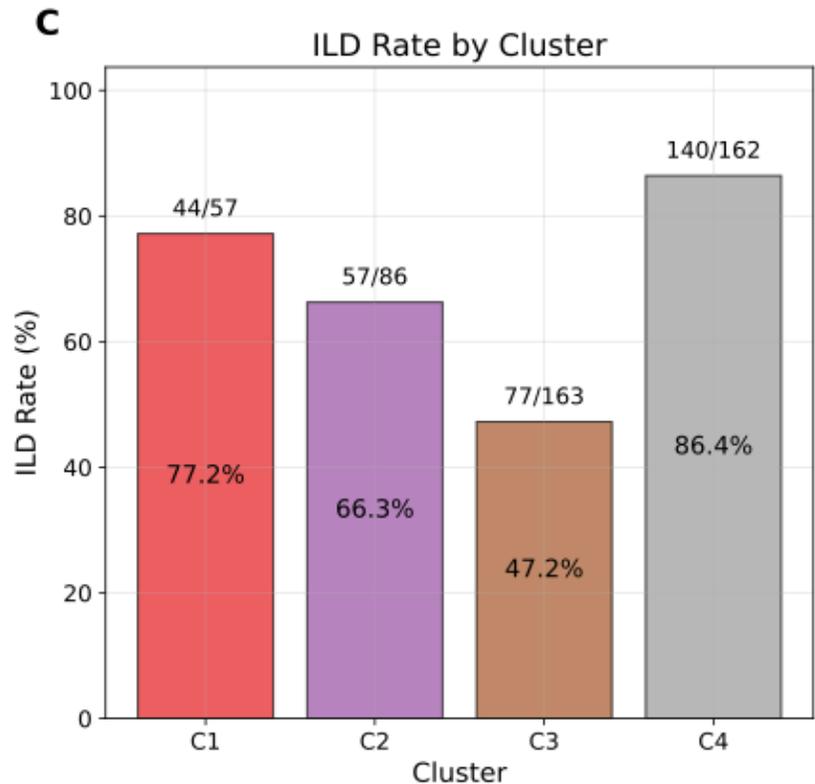
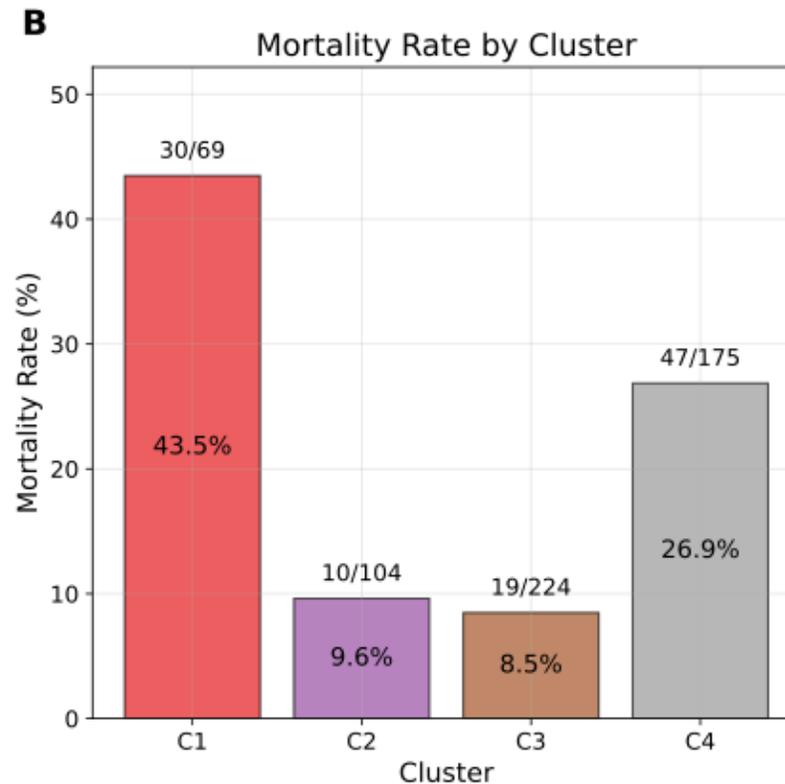
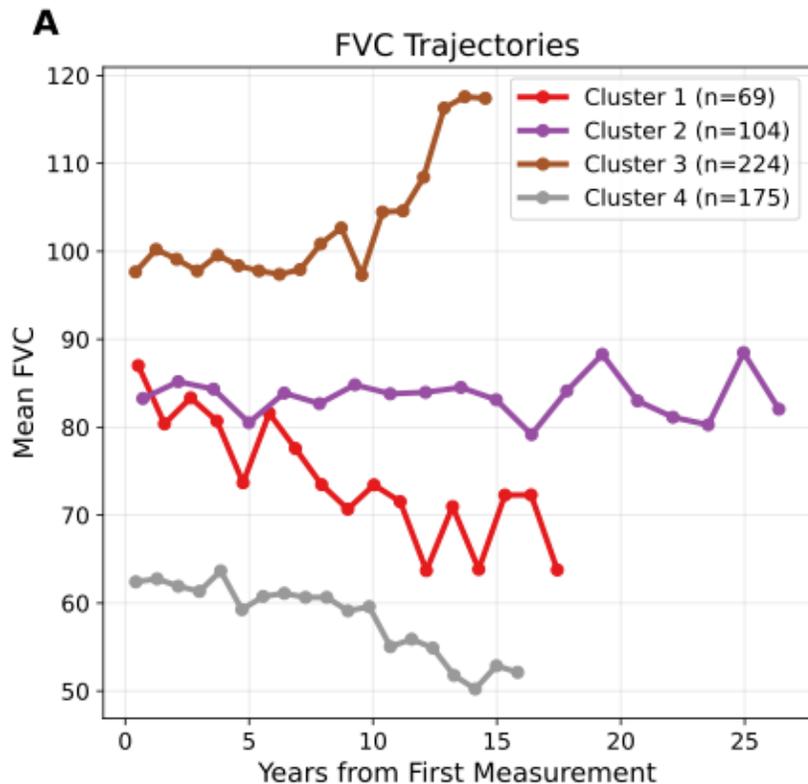
P3
Rapid deterioration in 3 years



Same Disease, Completely Different Trajectories

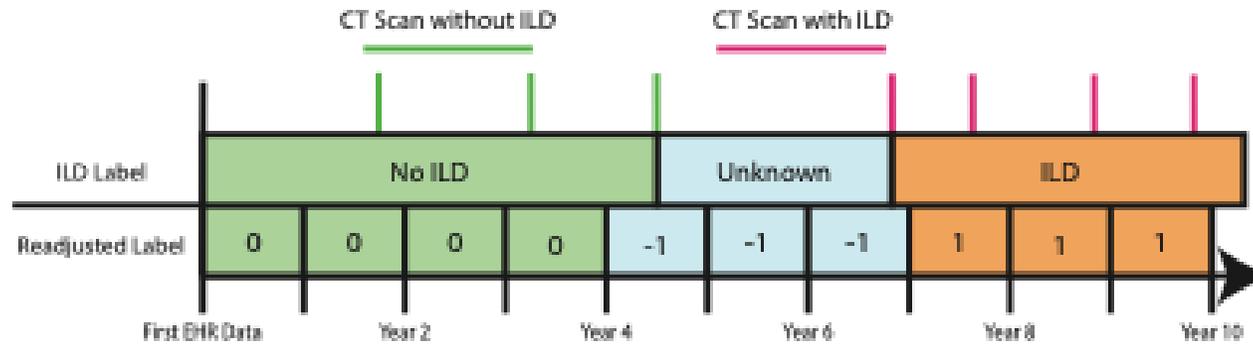
Patients with the same diagnosis can follow dramatically different disease trajectories, making prediction particularly challenging.

- SSc-ILD patients exhibit highly variable disease progression patterns, with some remaining stable for years while others deteriorate rapidly.



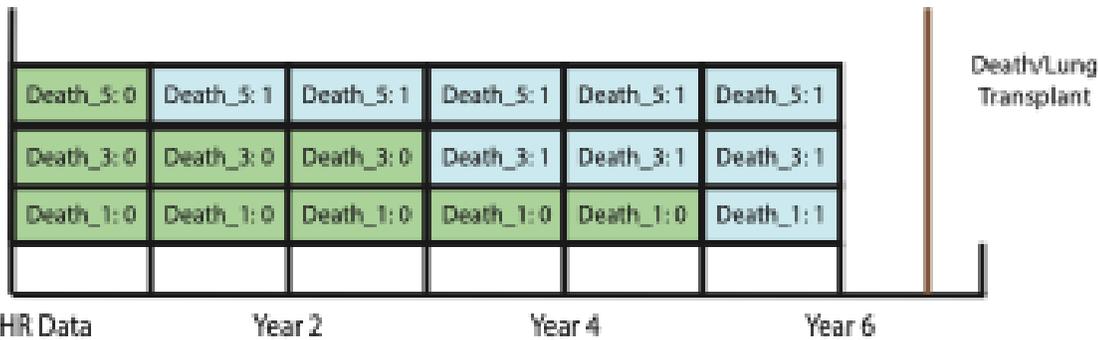
A) ILD Detection

(Subgroup: 709 Patients)



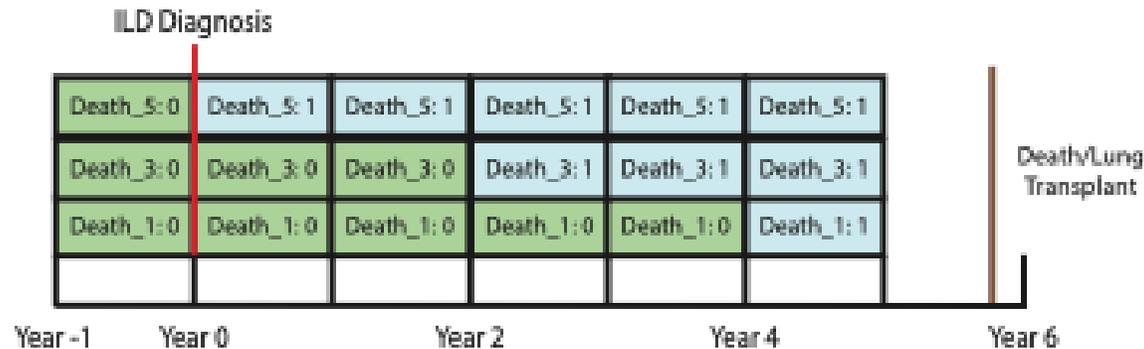
B) Mortality Prediction

(Full Cohort : 1169 Patients)



C) Mortality Prediction in ILD Patients

(Subgroup: 709 Patients)



Three Major Prediction Tasks

1. ILD Detection

Earlier lung disease identification

2. Mortality (All)

1, 3, and 5 year survival prediction

3. Mortality (ILD)

Postdiagnosis survival guidance

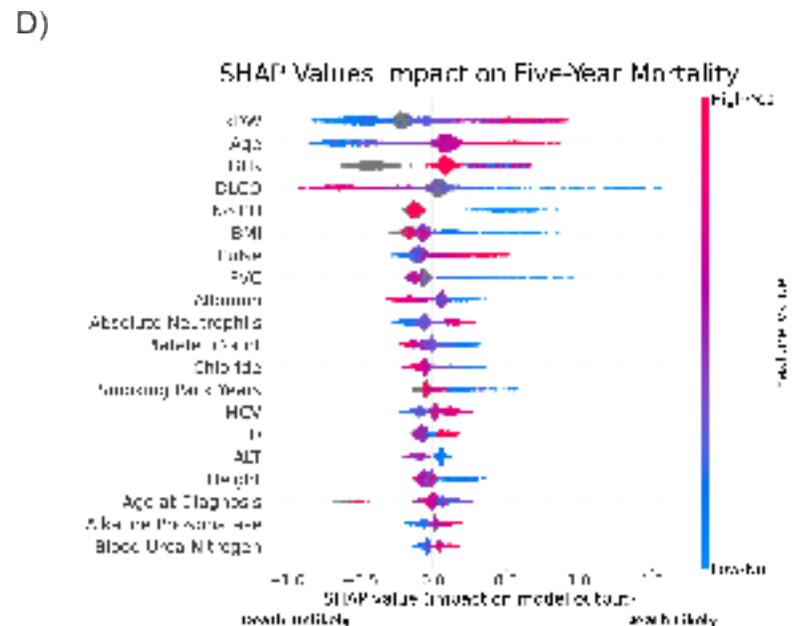
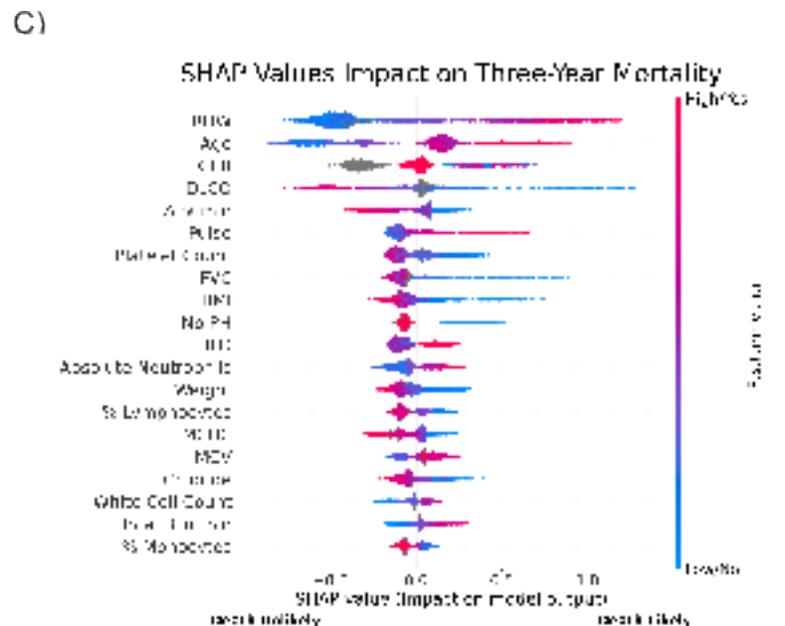
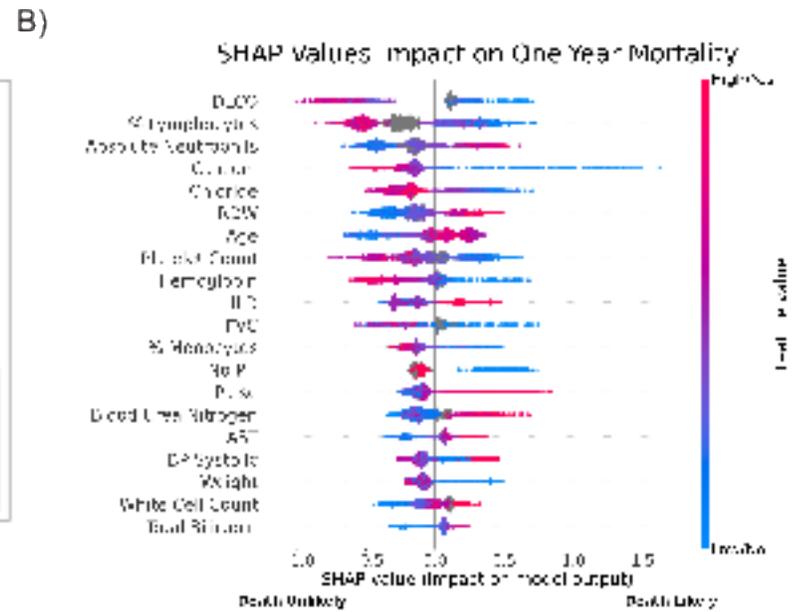
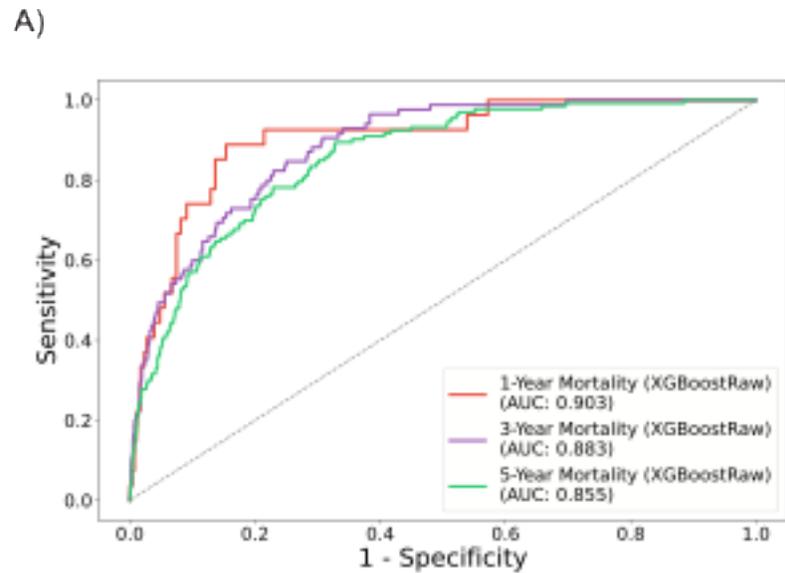
Models Found Unexpected Biomarkers

Expected Predictors:

- Lung function tests (DLCO, FVC)
- Disease-specific antibodies
- Age and disease subtype

Surprising Discoveries:

- Red blood cell width (inflammation)
- Serum chloride (metabolic function)
- White blood cell patterns patterns (immune activity) activity)



Mixture of Experts

 Regional Masking
Experts sees only their region

 Smart Gating
Trust weighting

 Specialized Training
Region-specific patterns

 Combined Decision
All expert opinions

Expert Models:

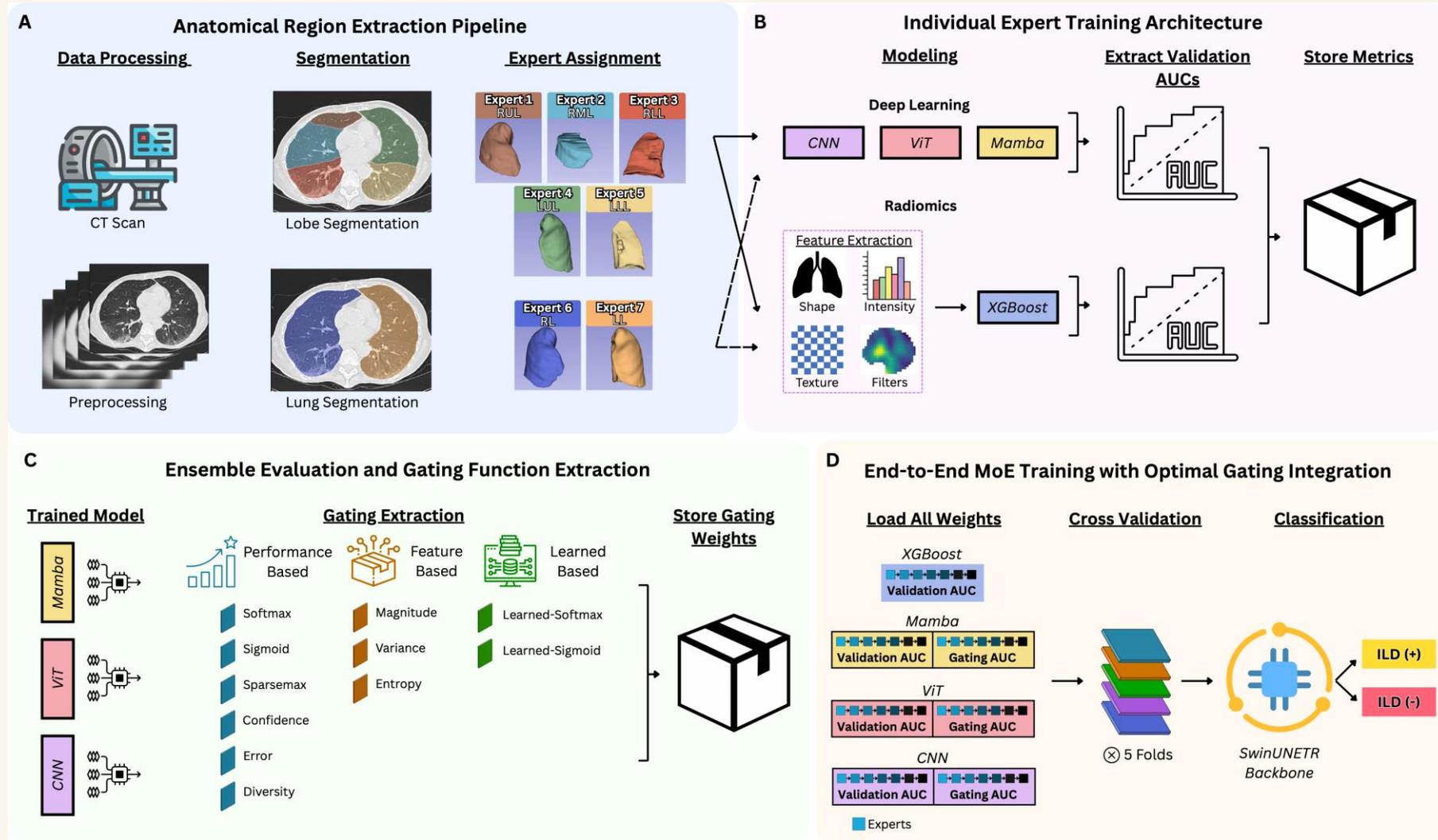
CNN, Vision Transformer, Mamba

Radiomic Features:

Traditional radiology features
(texture, shape, intensity)

Innovation:

Medical knowledge in AI architecture



Challenging Clinical Problems – addressed!

Extubation Prediction + VAP Onset Prediction



SSc EHR modeling (mortality prediction)



Imaging (CT) mortality prediction (direct disease signal)



Anatomical MoE (regional expert networks – Lung aware modeling)



Multimodal MoE (EHR+CT integration) – Patient Specific Reasoning

AI's Potential Role and Challenges in Critical Care and Chronic Disease Management

THANK YOU!

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